

Year 2 RSHE Coverage

Term	Autumn 1		
Theme	Community		Community (Online safety)
Unit	How do we make a happy school?	Who lives in my neighbourhood?	Online strangers
Unit objectives	<ul style="list-style-type: none"> - Understand why we have rules and how they help us learn and be happy <li style="padding-left: 20px;">- Understand how to behave appropriately and how to contribute to school life - Appreciate how important school is to them - Identify their special people in school 	<ul style="list-style-type: none"> - Know what range of communities live near school <li style="padding-left: 20px;">- Appreciate that they should treat people with respect and kindness, regardless of difference - Understand what to do if they feel uncomfortable, either with strangers or with people they know 	<ul style="list-style-type: none"> - Understand that people online are strangers if we don't know them in real life – <li style="padding-left: 20px;">Understand that we shouldn't share private and personal information with strangers
Unit vocabulary	Rules, right, wrong	Community, different	Truth, private, personal, information

Term	Autumn 2	
Theme	Relationships (Friendships)	Community (Online safety)
Unit	How do we stop bullying?	Personal information
Unit objectives	<ul style="list-style-type: none"> - Empathise with other people and understand why bullying is so hurtful - Order types of bullying to understand which ones are the worst 	<ul style="list-style-type: none"> - Understand why we shouldn't share personal information - Understand how to keep our personal information private and safe when we are online
Unit vocabulary	Bullying, physical, emotional, group, disability, minority	personal, information, private

Term	Spring 1		
Theme	Relationships (Family)		Health and wellbeing (Physical health)
Unit	Do families always stay the same?	How should families treat each other?	How do we stop getting ill?
Unit objectives	- Understand how changes and events can influence our feelings	- Understand that children and adults both have responsibilities to each other. - Understand that we should feel loved, cared for and safe in our homes. - Know what to do if our needs are not being met	- Understand that germs are spread by coughs, sneezes and physical contact with dirt and other people - Understand that we can prevent the spread of germs by washing our hands with soap, especially when we go to the toilet, eat or are unwell - Understand that we can prevent tooth decay by brushing our teeth regularly
Unit vocabulary	Change, moving, forever, feelings	Responsibility, kindness	Teeth, dentist, clean, wash, disease, germs

Term	Spring 2		
Theme	Relationships (Family)		Health and wellbeing (Growing)
Unit	When should I say no?	Who owns my body? I do!	How bodies change as we get older
Unit objectives	<ul style="list-style-type: none"> - Understand that other people need permission before they can touch us - Understand that some parts of our bodies are more private than others - Recognise that other people often want different things than ourselves 	<ul style="list-style-type: none"> - Understand that certain parts of our bodies are very private, and only we get to decide what happens to them - Understand that secrets and surprises are different - Know how to report concerns 	<ul style="list-style-type: none"> - Recognise the 5 key stages of human life Understand how their bodies will change as they age - Consider how their lives will change as they get older - Appreciate how increasing independence presents new dangers, challenges, benefits and responsibilities
Unit vocabulary	Consent, private, permission	Trusted adult, secret, surprise, worried	Change, age, baby, child, teenager, adult, elderly,

Term	Summer 1		
Theme	Community (Online safety)	Health and wellbeing (Mental wellbeing)	Health and wellbeing (Physical health)
Unit	Fake news	Who am I?	How can I stay safe?
Unit objectives	<p>Understand that anybody can put things online</p> <p>Recognise the difference between truth and fiction</p> <p>Understand that things online are often not true</p> <p>Become more familiar with the term 'Fake News'</p>	<p>- Understand that each of us has skills and talents that are valuable</p> <p>- Understand that we are important, unique people who deserve kindness and respect</p> <p>- Appreciate that other people are important, no matter how good they are at certain things</p>	<p>- Identify common dangers that they may encounter both at home and in the wider world:</p> <ul style="list-style-type: none"> ● Chemicals and medicines ● Roads and cars ● Riding bicycles and scooters ● Environmental <ul style="list-style-type: none"> ● Railways ● Water ● Fires <p>- Know what to do in an emergency situation</p> <ul style="list-style-type: none"> ● Telling adults ● Calling emergency services
Unit vocabulary	Internet, information, money, fake	Pride, unique,	Chemical, medicine, needles, railway, emergency, police, fire brigade, ambulance

Term	Summer 2	
Theme	Community	Relationships (Family)
Unit	What makes a boy or a girl?	Are all families the same?
Unit objectives	<ul style="list-style-type: none"> - Name their body parts, including external genitalia - Discuss the similarities and differences between boys and girls, including ideas that challenge gender stereotypes 	<ul style="list-style-type: none"> - Understand that families are highly varied; no family is the same
Unit vocabulary	penis, vagina, boy, girl, non-binary	Normal, different, religion, culture, gender